

TEAM POLICIES

1. Every swimmer is expected to make practices. If you are unable to make practice, the coach will be notified ASAP. You can call my cell phone at 419-615-7888, or you can e-mail me at school at metzgel@og.noacsc.org. PLEASE DO NOT CALL ME AT SCHOOL.
2. The following behaviors will result in a warning for the first offense, you will miss one swim meet for the second offense, and you will be asked to leave the team on the third offense:
 - Horseplay before, during or after practice. We do not have private use of the YMCA, and many members do not appreciate the noise and behaviors of high school students. Please behave in a manner that will allow us to continue to use the YMCA facilities.
 - Practice begins at 3:00. I expect you to go to the Y, change, and be in the water by 3:00. You will be on your own for approximately 15 minutes. You should be well into your warm up by the time I arrive. I do not want to hear from the Y staff or Sky that they see you messing around or have to argue with you to get in the pool.
 - Missing from practice or a swim meet without notification.
 - You are required to follow the rules of any facility we travel to or have the privilege to compete at.
 - Every swimmer will demonstrate good sportsmanship to opponents. Foul language and derogatory comments will not be accepted. You will show respect for any personal or team items that your opponents bring to meets by leaving it alone.
3. The following behaviors will result in immediate dismissal from the team:
 - Failure to pay fees owed for rental and other items ordered, or failure to set up payment arrangements.
 - Destruction or theft of the YMCA property, the property of any swimmer on our team as well as the teams we compete against. This includes taking items from the YMCA lost and found.
 - The use of any illegal substance.
 - Fighting with any team member, ours or others.
4. If a swimmer is missing on the day I hand out the newsletter, it is their responsibility to get with the coach and receive any information they may have missed.
5. Every swimmer is expected to be supportive and give respect to every teammate.
6. Every swimmer is expected to make every effort to attain Varsity Status and therefore add depth to our team.
7. A TITAN PRIDE ATTITUDE IS EXPECTED AT ALL TIMES, IN OR OUT OF THE POOL! -

Cut here and return

I have read the rules for the OGHS Swim/Dive team. I will abide by these rules and Keep the TITAN PRIDE!

Student _____ Date _____

Parent _____ Date _____